

SAFE ON THE ROAD

SAFETY INSTRUCTION CARD SEPTEMBER



YOUR ENVIRONMENT

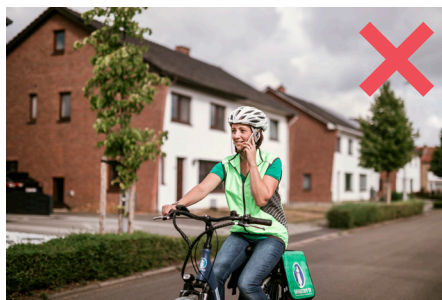
- ✓ Choose the **safest cycling route**. Leave on time.
- ✓ **Respect traffic and priority rules**. Do not ride through red traffic lights.
- ✓ **Take roundabouts in the correct direction**. Look over your shoulder when changing direction.
- ⚠ **Do not make any unexpected or sudden movements**. Adjust your speed when cornering.
- ⚠ **Watch out** for sewer covers, bumps, opening car doors, trucks, buses with a blind spot, etc.



- ⚠ Watch out for **tram tracks**. **Always cross them at a 90-degree angle**. So your wheel won't get stuck in them.

YOUR EQUIPMENT

- ✓ **Wear a helmet** and be careful.
- ✓ **Be clearly visible**. Wear a **fluo vest**. Turn on your lights when it gets dark.
- ✓ **Regularly check** your brake cables, tires and lights.
- ⚠ Make sure you hear all traffic. This means: **no music** in your ears and **no calling or texting** during your ride.



- ⚠ **Distribute your luggage over the panniers** on the 2 sides of your bike. **Do not hang luggage from the handlebars**.



YOUR POSTURE

- ✓ Keep **both hands on the handlebars**.



YOUR E-BIKE

- ⚠ Your **e-bike will take more time to come to a halt** than a standard bike. So brake in time.
- ⚠ An **e-bike is heavier** than a standard bike. Keep this in mind when getting on and off the bike.
- ✓ **Maintain the battery** of your e-bike correctly.

Charge your bike battery when it is (almost) empty. Do not charge it after every short ride but at least once a month.

Stay close when you charge your bike. Installing a smoke or fire detector is a smart idea.

Is the battery fully charged? Disconnect the charger from the battery.

Extra tip! The battery of your stationary bike cannot withstand humidity and very cold temperatures (below 0°C).

