

STAY UPRIGHT

SAFETY INSTRUCTION CARD MARCH



TO TRIP

- ✓ When you arrive at the customer, you can **safely store your jacket and bag in a closet**. Don't leave anything lying around.
- ✓ Turn on the light if it is too dark, even if you know the house well. Watch out for unexpected obstacles such as glass doors.
- ✓ Clean up thoroughly before brushing and clear passages.



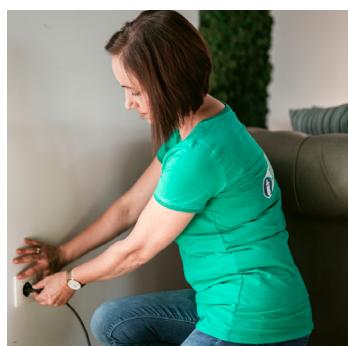
- ✓ Ask to separate pets before you come. This way you avoid tripping over them.
- ⚠ Always work forwards, never backwards.



- ⚠ Do not run in your workplace or make any hasty movements.
- ⚠ Do not get distracted during your work.



- ✓ Always plug cables into the nearest electrical outlet.

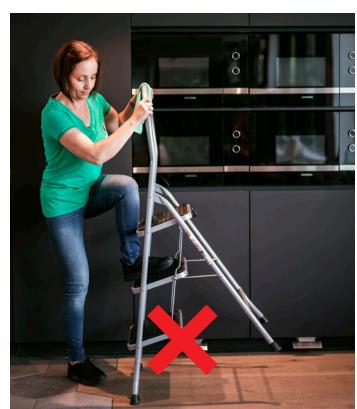


- ✓ If you notice a dangerous situation (loose cables or tiles), always report this to your customer.
- ✓ Pay attention to small height differences in the house such as sills, steps,...

- ⚠ Don't wear things that interfere with your field of vision. Carry a laundry basket under your arm and not in front of you.



- ⚠ Make sure you don't miss the bottom step of the stairs or stepladder and always hold on to the handrail.



TO SLIP

- ⚠ Never walk on wet floors.
- ✓ Work towards the exit and the dry surfaces, then you should not walk on wet floors.



- ✓ Warn the customer about wet floors.
- ✓ Wipe up a water stain immediately.
- ✓ Beware of sudden movements and inappropriate speed of movement during work.
- ✓ Wear your work shoes or appropriate footwear with non-slip soles.



- ✓ When cleaning the bath and shower, **you always wear appropriate footwear with anti-slip soles. Never stand on the bath rim.**
- ✓ Always dry your footwear after brushing wet surfaces.

TO BUMP

- ✓ Close open cabinet doors and drawers.



- ⚠ Open doors wide enough for easy access.



- ⚠ Have you cleaned the oven, microwave or fridge, **always close the door when you are done.** This way you avoid bumping into it.



- ⚠ Never stand on chairs or windowsills.



- ⚠ Do not place chairs on the table to avoid falling and impact hazards.



- ✓ If you wear a mouth mask, **attach the mouth mask with the nose clip** so that it does not obstruct your field of vision.

